

Women's Retreat

“Manifesting more Pleasure in Relationship”

with Anna-Thea
Intimacy Coach

Spiritual Sexual Educator, B.S. Dietetics and
Certified Yoga Instructor



This unique one day experience is an uplifting, empowering, and informative journey of connecting to your feminine wisdom to enhance your relationship with yourself and the intimacy with your partner (or future partner). Learn to love, honor, accept, celebrate and listen to your body's sensual desires as a woman. Become aware of sabotaging behaviors that keep you from loving and experiencing pleasure fully. Relationships are where we can feel the most pain or the most pleasure...learn how to have more pleasure in yours...beginning with the relationship you have with YOU. You will leave the workshop with a deeper connection to yourself allowing you to create a deeper connection with your partner or future partner if single.

Testimonial:

“I have had my share of relationships that didn't work out and knew I needed to change something inside myself: I'm a healer and very intuitive, I thought, I knew my body but there is so much more to learn..... Anna-Thea assisted me in releasing old trauma and gave me a new way of seeing things so that I can and will attract in a man that is loving and committed to me .The process is not finished yet , I'm so excited about my journey of finding my Life Sole Mate!!!!.” Valerie Reeder

Anna-Thea is an intimacy coach “helping women make love, not war with their bodies” and helping them have a deeper, more authentic connection with their partner. She has been a practitioner of yoga for over 15 years and has a deep understanding of the body. She is a graduate of The Divine-Feminine Institute as a certified Spiritual Sexual Educator and a certified Yoga Instructor.

You will Learn:

- Secrets of Feminine Wisdom for greater intimacy & pleasure.
- How to enhance your existing relationship or attract in your Conscious Equal Partner.
- Spiritual Sexual Education that you did not learn from your mother or peers.
- More compassion and connection with other women instead of competition.

When: January 29th, 2012

Time: 10am – 7pm

Cost: \$175

(\$150 before Jan. 16th)

For more info call Valerie:

702-544-1166

To sign up call: 702-306-3984

www.annathea.org

